

THE GLEICHEN CALL

VOLUME XXXII NO. 23

GLEICHEN, ALBERTA, WEDNESDAY

AUGUST 23, 1939

SUBSCRIPTION \$2.00 PER YEAR

HARVESTING HAS STARTED ON MANY FARMS IN DISTRICT

The rain Sunday night did not delay the start of harvesting throughout the week weather holds throughout this week harvesting should be quite general by the end of the week. Here and there through the district combines or binders have been at work. Most of the harvesting has been done with the binder. It is noted that a number of farmers who never owned a combine before have purchased one while others have clubbed together to get one. A drive around the country will show a crop report that a lot of farmers are going to have some pretty good yields, while other fields have certainly suffered from the effects of hill storms and some of the fields have not even been plowed yet so far as the grain is concerned.

A number of farmers have considerable grain in stock and some of them report that wheat does not sell as well as it did at last harvest. These appear to be placing their bets on the market at the present time, although later on it may be difficult to get men when work becomes general.

THE WORLD OF WHEAT

BY H. G. L. STRANGE
Director, Research Department
Searle Grain Company, Limited

Once again this year severe losses have been suffered in Western Canada from grasshoppers.

During the course of the ages locusts have probably devoured much of man's precious foodstuffs as either drought or rust have done.

The Bible teems with references of destruction of crops and pastures by locusts. We are told that the locusts will eat every herb of the land. Locusts have brought destruction from time immemorial in about every country in the world. They were one of the most terrible plagues of ancient Egypt. These locusts are the great plagues which swept across the whole of Europe and parts of Asia. One great swarm in 1889 which crossed the Red Sea was estimated to be 2,000 square miles in extent. An older locust swarm was once observed over the sea a thousand miles from land. In the United States and Canada, during the time records have been kept, vast destruction to crops has occurred.

Whatever losses may be suffered by farmers this year, of one thing we can be sure, the losses have been reduced by the splendid control methods designed by the professional entomologists of the United States and Canada.

When one reads of new scientific discoveries such as the smoking of synthetic articles from beans, stocking front coal etc., it often seems strange to us to find that many may be found at some time in the future a use for Canada's many millions of bushels of wheat surplus. It has been announced that in 1940 one of the largest producers of popular priced automobiles, will be using 1,000,000 pounds of soy beans in the manufacture of each car, and that two factories are now being built at a cost of eleven million dollars for the production of these vehicles. Automobiles demand coal, oil, air and water. Every new use for wheat will help Canada use up the surplus, which would mean increase in demand and a return to the price structure. It would mean new factories and jobs for the unemployed Canadians—and ultimately, prosperity for everyone in western Canada. A most useful adjunct to Western Canada would be a division of the National Research Council to investigate the possibilities of discovering some permanent use for our wheat surplus, which year by year is a growing problem. Industrial uses have been found for the minor by-products of corn annually and similar by-products of soy beans are being used in industry. Research is needed to find new uses for what?

Tired of being ribbed about some trifling errors in his paper a fellow editor once wrote: "Well we'll be pleased to find a merchant or clerk who never made a mistake in putting up an order, a lawyer who never lost a case through his own errors, a delivery

News Items of Local Interest

Tom Bates and family returned home Sunday after spending their holidays in Calgary.

B. Thorburn who has been visiting his relatives and friends for some days returned last week to Vancouver Island where he is engaged in a logging camp.

Dr. and Mrs. McIntyre are holding at points west.

Maj. J. J. Sutherland of Eventide Home, returned home last week after being confined to a hospital through illness.

Mrs. J. B. Legget and son, Rod, of Calgary have been visiting Mr. and Mrs. S. E. Dafos for the past few days.

Mrs. Allen McBain, with her son Wayne, spent a week in Calgary visiting her husband, Mr. Allan McBain.

It is believed that the peach originated in China many generations before the beginning of the Christian era. The Chinese have always ascribed miraculous powers to the peach. One Chinese sage wrote: "The peach, if one is able to eat it enough times, will save the body from corruption till the end of the world." Another philosopher, Chou-Yi, declared: "Whoever eats the peach obtains immortal life."

Almost everyone in town has taken a vacation lately. Thinking it over, actually, what's the use of a holiday? You have to work extra hours so that everything will run smoothly in your absence; you have to pay extra for board, travel, etc. So do your work, and you are all worn out by the time you leave. Then while you are away, you worry in case something goes wrong. He is in the sun, and get bitten and feel miserable; you go fishing and catch a cold; you wear yourself out travelling and stay home.

REPORT OF LAST MEETING SOCIAL CREDIT GROUP

Last Thursday Mrs. Geo. Bell, representative of the Montreal Social Credit Group, was here for the semi-annual meeting. Thirteen members were present. Mrs. Nilson, the president occupied the chair.

The regular procedure of the meeting was followed, after which Mrs. Caroline Dunn read a very interesting and instructive paper on agriculture. A hearty vote of thanks was given Mrs. Dunn.

Mr. Elmer Bolinger was presented with a breakfast set on behalf of the Group, with best wishes for a happy married life.

Betty Bell then sponsored a contest entitled "Questions on the Royal Tour," and the prize was carried off by Mr. C. R. Phillips. The group adjourned and in the hotel served a very dainty tea, and was assisted by Mr. C. Holt.

Mr. Holt will be unable to attend the meetings at his home, so Mrs. Holt kindly offered to be hostess at the Deadline Ranch on Crawford Creek, on August 31.

An invitation was received from the Arrowhead Social Credit Group to meet them on August 23. Due to the busy nature of it was decided not to accept the invitation.

UNITED CHURCH

Rev. J. N. Wilkinson, minister.

Mrs. Majorie Birch, pianist.

7:30 p.m. Divine worship. Subsequent sermon: "On Windin' up a Clock."

man who never left a parrot at the wheel, a radio announcer who never mispronounced a word, a singer who never struck a false note, a doctor who never made a mistake, a postoffice employee who never put mail in the wrong box, a woman who never got to put salt in when she was cooking or to put tea in a teapot before putting it in the water. Bring in some of your paragons who find it so easy to criticize us. We want to see if they are human."

having a good time. Then you come back to find all your work piled up on you, and everything tangled into a mess.

Corp. Ashby wishes to draw everybody's attention to the fact that all cars about to cross or enter the main highway in town must come to a stop at the stop sign on all streets crossing the highway and they must be obeyed. Most car drivers obey this rule but there are a number who sail across the highway without stopping. This has been checked up on visitors of this rule but they cannot check everyone and as tithy have received orders from Edmonton to enforce the rule, Corp. Ashby wishes to have it submitted to court. To save a hint and obey the law of the road, from the Vehicles and Highway Traffic Act we quote, "Every vehicle being driven on a highway or major highway shall stop at least ten feet at a stop at a point not less than ten feet from such highway and shall not enter upon such highway, either for the purpose of crossing the same or turning thereon, until the conditions of traffic on such highway are such that the vehicle can enter upon such highway with safety."

The Gleichen schools will open on Monday September 4th.

Safety's driving is double for those who fall in motor vehicle accidents. The two types of collision of life taken by drowning, burns, railroad mishaps, firearms, animals, other persons, and the like, are the most frequent causes of accident. The Alberta Safety League says that's the record as reported by the 1938 edition of Accident Facts. The National Safety Council's statistical yearbook just off the press.

EARLY FALL TRAVEL BARGAINS TO EASTERN CANADA

Early fall vacationists will have an opportunity to enjoy a trip to Eastern Canada at bargain fares over the Canadian Pacific Railway from September 15 to 29 inclusive, according to an announcement by Mr. H. L. Phillips, local ticket agent for the company.

Tickets will bear a 45 day return limit similar to the Spring trip and permit stopovers at stations Winnipeg and east.

Three classes of tickets will be offered—Coach, Tourist or Standard. The two latter being good in sleeping cars of choice, upon payment of a berth charge. Canadian Pacific transcontinental trains provide modern travel conveniences—air-conditioned coaches, tourist and standard sleeping cars—dining and observation cars—spectacular service from dining rooms for the convenience of coach and tourist sleeping passengers.

Mr. Phillips will be fully particular and will be glad to give interested parties complete information.

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Salmon may have their uses after all. They are a nuisance, and worse, in some of the fishing areas off British Columbia, but skins from a number of them that were captured last summer have now been turned into leather gloves of apparently quite good quality. Whether or not the manufacturer of these gloves and other leather goods from fish skins can be commercially feasible remains to be definitely determined as the production so far has been entirely experimental and such questions as the cost of production and the market for the product have not been gone into at length.

Salmon fishermen particularly, however, would have with satisfaction any development likely to have the effect of lessening the number of sea lions preying on the salmon runs and crashing destructively through fishing gear.

PROSPEROUS FARM COMMUNITY IS AIM OF LINE ELEVATORS

Identity of Interest Exists Between Farmers and Line Elevators

The success of the Line Elevator Company in the farmer's eyes much beyond the handling of his grain. The North West Grain Dealers Association some years ago organized a public relations department under the direction of L. W. Brockington, K.C., one of Canada's outstanding public men. This department has been dedicated to protecting and promoting the interests of its farmer customers.

Much important work has been undertaken by Line Elevators. This includes: advocating continuation of the Wheat Board and the 80-cent price; undertaking a survey of research needs and encouraging research.

Line Elevators in the United States are advocating establishment of a Western division of the National Research Council to find new industrial uses for wheat and other farm products. Line Elevators have been instrumental in financing the Tree Planting Car; sought a lessening of disparity in prices of products which the farmers sell compared with grain produced by the government; and the co-operative associations as members should accept representation on the governing body of the Winnipeg Grain Exchange, and urged governmental supervision of the exchange. Line Elevators continually advocate free international exchange of goods in order to regain and expand world markets.

All this is valuable work on behalf of agriculture, and the Line Elevator Committee would like to commend for the work that they are playing in seeking to make the prairies a better place in which to live.

For several days past the Calgary Power Company have had a crew of men in town replacing poles and bracing up others that carry the power lines. The activity of these men has added a little life about town and always they have a number of interested spectators watching them at work.

THE WEEK IN EDMONTON

(By Special Correspondent)

Re-statement of last year's policy in respect to priority of security on seed grain loans has been announced by Hon. Solon E. Low. "We are prepared to recognize the priority taken covering binder twine and machinery repair," he said. "We are also prepared to remove all existing influences from farmers who may need spare parts and twine in order to get in the crop. Usually seed grain loans take priority."

Alberta workers have received 117,000 in back wages collected for them by the board of industrial relations. The sum covers the 1938 operations of the Board. During the year, a total of 620 workers were assisted, of whom 492 were men and 128 women. All had been receiving less than the prescribed minimum wage as laid down by provincial legislation according to Clayton Adams, chairman of the board.

School books for the coming year have been issued, by letter, to parents. W. H. Nobis, director of the government school book branch, Seven fifty per cent of books listed in the official catalogue are optional and students will be allowed to select of their own texts under the new educational policy, only a small number being required reading.

Departments of Agriculture officials are interested in the announcement of the new financial statement that has been perfected in Saskatchewan. Named Dakota 23, the first distribution of seed is being made now, according to Prof. J. H. Herting of the University of Saskatchewan field station, near Moose Jaw.

Twenty seven new treasury branch has been opened in the province, bringing the number nearer to an announced objective of 30. The new branch is at Vermillion.

Public debt of Alberta was decreased over five million dollars from March 31 to June 30 last, according

W. Sutermeister

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OIL-BATH MOWER

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1 MASSEY-HARRIS 20-30 TRACTOR

Overhauled from end to end, equipped with new Improved "Spence" Oiling System

1 MASSEY-HARRIS 8-FOOT BINDER

Fully reconditioned. New Canvas, Etc. Will step out and cut most any heavy crop.

1 JOHN DEERE 10-FOOT POWER BINDER

At real price.

See The New Lines of 6-FOOT; 8-FOOT and 10-FOOT POWER TAKE-OFF COMBINES.

ALSO THE NEW LINES OF HORSE AND POWER BINDERS



She has solved the daily problems... because FISH offers a welcome and wholesome change at mealtimes, something the whole family will like. There are over 60 different kinds of Canadian Food Fish and Shellfish from which you can choose, either fresh, frozen, smoked, dried, canned or pickled. All are delicious, nutritious and economical. And... one of the good things about FISH is that it is nourishing, and so easy to prepare! Serve FISH to your family often.

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C.W.-16

including new borrowings, debt redemption and final instalment renewals from end of the northern railroads. The three month period ended June 30 the over all cash surplus in income accounts ex-

cluding new borrowings, debt redemp-

Science And Agriculture

Perhaps never in the history of Western Canada has there been so much currently designated the agricultural problem received so much attention as it is at the present time, but the problem of enabling the farmer to reap a maximum of profit on his operations, or even sufficient to cover the cost of production, is one that has not yet been solved.

To a greater or less extent the problem is one that is vexing the whole world, for the agricultural industry is in the doldrums in almost every country on the globe, but due to the character of the industry in Western Canada where the farmer must sell his major product in a highly competitive market, the problem of the elements of production and necessities of life in a protected industrial sphere the problem is more acute than anywhere, and this differential has been accentuated in recent years by the vagaries of climatic conditions.

It is not, however, surprising to find that the greatest interest is shown in the matter by men in the west; that it is receiving frequent attention whenever and wherever men congregate in convention; that the question is being ventilated with greater frequency than any other in the legislative assemblies of the country; that discussion on it in many phases of it occupies much space in the newspapers, farm magazines and other publications; and that it is the subject of inquiry by innumerable organizations and commissions.

With all this discussion going on, on a subject which everyone recognizes as the most vital one in Western Canadian history, it seems a reasonable assumption that it is a solvable problem, and that it will be solved if this country is to progress at all, have a future, if it will be solved.

As has been suggested before, innumerable proposals have been made as a solution to this great problem. They include among others; international agreements between the great wheat producing countries; national action in the form of subsidization of the agricultural industry by the country; the creation of a central bank of agriculture; the securing of undetermined results; the discovery of new markets; the expansion of existing markets; the stimulation of the home market in the direction of increased consumption; greater diversification of agricultural practice; the conversion of agricultural production to industrial use.

In Several Directions

Whole volumes might be written on all these proposals, all of which have some merit and some defects, but space and time forbid. All of these and other plans for the relief of agriculture have been heard by the group headed by Premier Bracken of Manitoba who is now conducting a comprehensive survey of the whole question in the hope of finding the answer to the riddle.

As has already been suggested before, however, it is impossible that the ultimate solution to this pressing problem does not lie in the hands of one of these orbits, but most likely in a combination of many or all of them, and there are some indications that readjustment is taking place, painful and lengthy though the process may be.

If the reader will occur to him that the author has given serious thought and study to this problem, that it is a partial and a happy solution might be found in some course which would result in a closer relationship between agriculture and the manufacturing industries, for to the extent which these two branches of industrial life can be made dependent upon one another, to that extent will both be benefited and the solution of the problems of both be closer to solution.

A Closer Tie-Up

That already something is being done along these lines as the result of research work and the practical application of laboratory findings is indicated in a recent contribution in the House of Commons by W. G. Weir, Liberal member for MacDonald, who described some of the things science is doing to bring industry and agriculture together in the United States, when he pointed out that Ford is using in his factories annually 60,000,000 pounds of cotton, 60,000,000 pounds of corn, 2,300,000 gallons of molasses, 5,200,000 pounds of wool, 1,300,000 square feet of lumber, 350,000 pounds of mohair and an unlimited supply of soya beans.

Mr. MacDonald said that three products have been developed from cotton and wool in the United States which can find with peculiar preservative qualities a market in Canada, which is coming to be a large share of the \$300,000,000 spent yearly in the U.S. for construction and furfural, which when mixed with a bountiful binder and dirt, is being used to make satisfactory market roads at a cost of \$2,500 a mile.

"All right," said Mr. MacDonald, "it is now moderately made from sorghum, hemp, rye, corn, and potato." Gasoline, carrying ten per cent of this type of alcohol is now being sold in 2,000 U.S. filling stations at prices competitive with gasoline," and quoted an authority for the statement that "within ten years the U.S. will be using 20 per cent. of such grain alcohol, baled and bagged, for motor cars, and that within 20 years this industry will be supplying the nation with agricultural selling price of between 15 and 30 cents per gallon with handling profits."

Mr. MacDonald made his citation in support of a plea which professed the expenditure of further energy and money for research work, a plea which should not go unnoticed in the light of results that have been achieved on the other side of the international boundary, and the necessity of applying science to the peculiar problems of Western Canadian agriculture.

TAKE THE LEAD OUT OF YOUR LEGS

Get Oxygen In Your Blood and Get the Red Cells to Work. You'll Be Fit and Healthy.

People who are death due because oxygen has been completely cut off from their blood are those who are ill. If you are not getting enough oxygen your red corpuscles are not oxygenating your body. You are not getting oxygen to every part of your system. Without enough oxygen you are not getting enough energy to move your stomach and bowels along. Your skin becomes pale and you feel tired. You may become listless — try the quickly.

What you need is Dr. William Pick's BEE HIVE SYRUP. It gives you more and better red corpuscles and thus increases your oxygen. It gives you more energy. Get Dr. William Pick's Syrup today at your drug store. It is the only safe and proven blood-builder will help give you back your pep. Use it 8-10 drops daily.

Conservation Work

To Stock Marshes With Beaver And

Beaver will be called upon in the next few years to do a job too big for man and science, Col. T. C. Newcomer, administrator for Ducks Unlimited, game bird conservation, society, declared in an address at Edmonton.

The job, he said, will be restoration of water-level lakes and marshes in Alberta, Saskatchewan and Manitoba. Three large areas in northeastern Alberta already have been set aside for such work through an arrangement with the Alberta government, he said.

Beaver and muskrat muskrat will be stocked at the bottle necks leading from the marshes and lakes to the rivers. Beaver will be permitted to be trapped in areas where trapping was not permitted for five years. Indians and half-breeds now inhabiting the areas will be employed as paid game guardians, he said.

Obey Radio Commands

Dog Trained By Australian Police Reacts Perfectly To Set

The police in Sydney are training Alsatian dogs to react to commands. Zoë, the only dog fully tested, has reacted perfectly to a set carried on a back saddle. It weighs eight pounds and includes batteries, a loudspeaker and a microphone. Zoë has cut out the following radio orders: Fire a revolver, climb an eight-foot tree and return backwards, turn on a tap and fill a canteen, and when the command "Get up" was first strapped to her body, Zoë responded amazement at the voice emanating from it, but quickly accepted the instructions.

How You May Reduce Varicose or Swollen Veins — Heal Ulcers

A Simple Home Treatment

The world progresses. Today many minor ailments that took weeks to overcome can be cured in a few days. Take varicose veins or bunions, sit down to a "Vicks Va-tro-nol" and apply it night and morning to the sore spot. It will begin to shrink and begin to grow smaller and regular. People who want to reduce the size of their noses can apply it to the nostrils. It takes only a few minutes to do this. It is recommended to 172 people that a small bottle lasts a long time.

According to Survey

Women Are Less Likely To Contract Pneumonia Than Men

Men are more apt to contract pneumonia than women.

This conclusion was reported by the United States Public Health Service on the basis of a survey of pneumonia, frequently known as the "cigarette disease." The health survey said, that the rate among males was six per 1,000 persons and among females 4.8.

No explanation was reached as to why men are more susceptible.

The report also said it was found that the pneumonia strikes with greatest frequency in the lower income groups.

"The rate among families having regular family was over twice the rate of among families in the upper income groups," the report said.

There was also an excess in the rates among families who were not on relief, whose incomes were less than \$120 a month.

The surveyor prefers to take its pay on the wing. It will land on a limb beside an intended perch, knock the bird off, and capture it in mid-air.

Considerable damage may result if an automobile startspedal is pressed while the motor is running.

An Annual Event

Father John Caulfield has now been 25 years a parson at Pincher Creek. At his annual church fair the well-known Pincher "Derby" is run the mounts being donkeys and the riders the best-known jockeys in the country. Friend of everyone he is seen upon the streets, the "padre" of jockeys and actors. And he is always remembered by an invitation to the Buckingham Palace

Bristol Party.

Bristol, R.I., is the smallest county in the United States, having an area of only 24 square miles.

It is possible for an aeroplane to make a safe landing with only half a propeller.

NO FUSS

RELIEVING COLD DISCOMFORT THIS WAY!

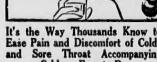
Just Follow Simple Directions Below—and Use Fast-Acting "Aspirin" Tablets



1. Take one tablet and dissolve it before fever takes. 2. "Aspirin" Tablets—drink a glass of water. Repeat in 2 hours.



2. If throat is raw from cold, crush and dissolve 3 "Aspirin" Tablets in ½ glass of water.



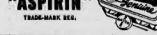
It's the Way Thousands Know to Ease Pain and Discomfort of Colds and Sore Throat. Accompanying Cold.

The same way pictured above often brings amazingly fast relief from colds and sore throat accompanying colds.

Try it. Then—see your doctor. He will prescribe "Aspirin" because it acts so fast to relieve discomforts of a cold, a sore throat.

This simple way, backed by scientific authority, has largely superseded the old fashioned remedy of cold symptoms. Perhaps the easiest, most effective way yet discovered.

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Deficiency More Marked

Large Number Of Children To-day Not Growing Properly

There are a lot of justifiable complaints against the results of our modern education, and not the least among them is that youngsters today are not growing up properly—a fact of which there have always been those who could not master spelling, but the deficiency seems more marked to-day than ever. Youngsters today are largely more ignorant in many things than they were at the same age a generation ago, so perhaps spelling must suffer as a result of this greater general knowledge.

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England's Highest Honor

Bronte Sisters May Be Commemorated in Westminster Abbey

The English Counter-Exiles' Day tribute will be paid to only three Yorkshire novelists. Due to fiction writers in the English language and to women in general by the proposed commemoration of the Bronte sisters in Westminster Abbey, England's highest honor.

Emily, Charlotte and Anne Bronte belong not only to England but to every person everywhere in the world who can read in English. Jane Eyre is one of the great novels, read and beloved by millions in general, and by millions in particular. Wuthering Heights, with long waits caused by Jane Eyre, has grown in favor during the last few decades, library sales, say, and many a day assume it stands equal to the most famous book in the English language.

Both books have been made familiar to the public of stage and screen, and the Bronte sisters themselves have been frequently selected for biographies, novels and plays.

Many novelties, renowned in their day and perhaps a few years after, are forgotten. Few who read today have heard of Mrs. Trollope, or Read's "Hawthorn Mirewell," but the Brontes are as alive as ever. It is surprising that Westminster Abbey waited for them so long.

Bitter Consumption

Consumption of butter in Empire countries is higher per head of population than in foreign countries, states the Imperial Economic Committee.

It amounts to 38.7 pounds in Australia; 32.7 pounds in Canada, and 24.8 pounds in the United Kingdom, compared with 19.6 pounds in Germany, 17.0 pounds in Denmark and Belgium, and 16.7 pounds in the United States.

Queen Victoria Had Palpit Equipped With Time Glass

According to the Manchester Guardian royalty in general has never cared for the long sermon. Queen Victoria, in case of time pressure, issued an order, but also presented the Savoy Chapel with a pupill glass whose sands were timed to run out in 18 minutes. Many a preacher would have been eyewidened had he seen the glass with considerable bitterness of his sermon.

For 21 Years Vicks Advertising has been passed upon by a Board of Physicians.

CLEAR STUFFY HEAD Helps Prevent the Development of Colds, too

NOW, it's easy to relieve head cold discomfort. Just a few drops of Vicks Va-tro-nol in each nostril and you'll feel better in no time. This unique medicated mixture of camphor, menthol and eucalyptus oil, plus the power of Nature's own decongestant, fight off the cold—let's you breathe again.

NEXT TIME, don't wait until your nose begins to run or your head feels cold. Use Vicks Va-tro-nol early on the stage.

Vicks Va-tro-nol is specialized medicated mixture of camphor, menthol and eucalyptus oil. It relieves stuffy head colds in a few moments. It's the power of Nature's own decongestant to fight off the cold—it's you breathe again.

WE JUST LOVE THESE



COOKING SCHOOL

... AND ALWAYS WRAP THE LEFT-OVERS IN PARA-SANI



You'll save its modest cost before half the roll is used. Ask your grocer for Para-Sani Heavy Waxed Paper. Made by Appleford Paper Products Ltd.

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TRY IT TOMORROW

Get Oxygen In Your Blood and Get the Red Cells to Work. You'll Be Fit and Healthy.

People who are death due because oxygen has been completely cut off from their blood are those who are ill. If you are not getting enough oxygen your red corpuscles are not oxygenating your body. You are not getting oxygen to every part of your system. Without enough oxygen you are not getting enough energy to move your stomach and bowels along. Your skin becomes pale and you feel tired. You may become listless — try the quickly.

What you need is Dr. William Pick's BEE HIVE SYRUP. It gives you more and better red corpuscles and thus increases your oxygen. It gives you more energy. Get Dr. William Pick's Syrup today at your drug store. It is the only safe and proven blood-builder will help give you back your pep. Use it 8-10 drops daily.

